



Mersey Rowing Club Newsletter

11th March 2011



Go Mersey!



Today sees the launch of the club newsletter which will be an informative view on events and topics in the club. The newsletter will be published and sent to all members of the club fortnightly. Contributions to the newsletter are welcomed for inclusion and should be submitted to Steve Roberts, club secretary for edit. The club committee reserve the rights to edit submissions for publication in the newsletter.

AGM

The club AGM was held on the 4th March in the conference room at the club. All members of the club are encouraged to attend the AGM to use the opportunity to discuss your club and the committees plans for the future. The minutes have been distributed by the outgoing club secretary, Andy Coyne who is now appointed men's Vice Captain.

Notices

Anna Williams is taking an overseas sabbatical and responsibility for Social Secretary will be managed by Dave Smallwood and Chris Butler in her short absence.

Call for coxes. The club is short of experienced and novice coxes and is looking for people to come to the club. Training and support will be given to any volunteers who have not previously coxed.

Race Report

Ian Marr & Andy Coyne



A long day at Trafford produced a haul of winners medals for Mersey. Despite a rather wintry and grey day the club was well represented with the trailer completely loaded up with boats.

The division one short course saw Chris Cheng, Toby, Dom and Ewan undertake the first head races of their rowing careers. Dom and Toby took the spoils in their 2x. Chris Cheng did the same in his 1x. Meanwhile, somewhere up stream, Ellen was winning in her 1x as Ian snatched a hard fought victory against some bloke who didn't show up. Later in the day Ellen pretended to be a boy so that she and Jamie could scull to victory in their OPEN IM3 x. Chris and Gen sallied forth in their 2x and Dom completed his short course double by winning in his 1x. To sum up, we had a lovely time and won so many races that they ran out of medals and handed out IOU's instead. Go Mersey!

The men's squad was well represented at the recent Head of the Bridgewater in Sale, hosted by Trafford RC. The main entry was a novice eight crewed by Andy Coyne (stk), James Bissell, Steve Roberts, Matt Ward, Lee Stackpoole, Jeff Casapi, Tom Fuller (of JMU RC) and Chris Roberts (a last minute substitution, press-ganged by his Dad, Steve for an injured MRC bowman). Yvonne Forrestill coxed the crew along a very narrow and at times extremely blustery course, resulting in a solid second place, sandwiched between two strong university crews from Liverpool and Salford. The highlight of the entry was the novice coxed four of Roberts, Bissell, Ward and Fuller, with expert coxing by Lee Stackpoole which finished second out of 4. A second Nov 4+ crewed by Casapi, Stackpoole, Fuller and Chris Cheng raced as well and put in another encouraging performance. The focus for the novice men now turns to London's Head of River Race in April by way of Runcorn Head and North of England Head at Chester during March.

Safety First

As the days begin to draw out, early evening rowing starts to become a much more pleasant experience. But care must be taken when on the water, it might be light when you start but it quickly turns dark and with many users of the dock visibility becomes critical. Lights must be fitted to all boats before rowing on the docks. In addition correct circulation is to be followed. All members are reminded of the need to sign in and out when at the club. For details on safety you can contact Leif Hunter.

Lost. Height stick for setting boat riggers, last seen in the boathouse. Aluminium construction, approximately metre in length.

Can all users of the erg training area please ensure that the area is attended at all times and that when the session is finished equipment is put away. This area is a shared workshop with the centre.

Call for contributions! The editor is calling for contributions to the newsletter to be published fortnightly. Your club, your newsletter.

Quiz Night



The greatest brains in the region will be gathering on the 19th March at the Ship and Mitre for the honour of winning the club quiz night. Rumours of cognitive enhancing drug use amongst the contestants are rife but on the evidence of conversations around the boat house it is an improbable allegation. Of course winning isn't everything, drinking and eating take higher precedence but it is hoped that the event will raise funds for the club as well as provide an alternative environment from the boat house for socialising. A report on the evening will follow in the next edition of the newsletter.

Training Diary

Mon 14th
Tue 15th Mens Nov 4+ / ergs 6-7pm. Womens 8+
Wed 16th Open Erg session 6-7pm
Thu 17th Juniors 5.30pm. Men's Nov8+ 7pm
Fri 18th
Sat 19th Juniors open session 11am. Juniors singles 1pm. Womens open session pm
Sun 20th Juniors singles 1pm
Mon 21st
Tue 22nd Mens Nov 4+ / ergs 6-7pm. Womens 8+
Wed 23rd Open Erg session 6-7pm
Thu 24th Juniors 5.30pm. Men's Nov8+ 7pm
Fri 25th
Sat 26th Juniors open session 11am. Juniors singles 1pm. Womens open session pm
Sun 27th Juniors singles 1pm

Racing Diary March & April

12th March - Runcorn Spring 8
26th March - Chester Head
2nd April - London, Head of the River
17th April - Northwich Spring Head

Committee

Captain - Ian Marr
Treasurer - Christine Butler
Secretary - Steve Roberts
Safety Officer - Leif Hunter
Welfare Officer - Genevieve Becha
Social Secretary - Anna Williams
Mens Vice Captain - Andy Coyne
Womens Vice Captain - Yvonne Forrestill